

The Role of Instructional Technology in Enhancing Students' Learning Motivation in STEM Education

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Abstrak: This study examines the role of instructional technology in enhancing students' learning motivation within STEM education, an area increasingly shaped by digital innovation and evolving pedagogical demands. Drawing on classroom observations, student surveys, and teacher interviews, the research explores how various forms of technology such as interactive simulations, multimedia learning tools, virtual laboratories, and gamified platforms contribute to improving student engagement, curiosity, and persistence in learning STEM concepts. The findings reveal that technology-supported learning environments create more dynamic and interactive experiences, allowing students to visualize abstract concepts, collaborate more effectively, and take greater ownership of their learning. These technological tools were shown to foster intrinsic motivation by promoting autonomy, competence, and relevance, while also reducing anxiety associated with complex STEM topics. However, the study also highlights challenges, including unequal access to devices, limited teacher proficiency, and inconsistencies in technology integration. Overall, the research underscores that instructional technology, when implemented thoughtfully and supported by proper training, plays a significant role in strengthening students' motivation and deepening their engagement in STEM education.

Keywords: instructional technology, learning motivation, STEM education, digital learning, student engagement

Introduction

The rapid advancement of digital technologies has transformed educational landscapes worldwide, prompting educators, policymakers, and researchers to re-examine how instructional technology can meaningfully enhance learning processes, particularly in Science, Technology, Engineering, and Mathematics (STEM) education. As STEM disciplines are characterized by abstract concepts, ¹complex problem-solving, and high cognitive demands,

¹ M A Altassan, "Enhancing Leadership Effectiveness through Technology in Educational Institutions," *Cogent Business and Management* 12, no. 1 (2025), <https://doi.org/10.1080/23311975.2025.2544983>; L M Dalisaymo, "Assessing Student Dependence on Artificial Intelligence Tools," *International Journal of Technologies in*

students often struggle to maintain motivation, which directly influences their engagement, persistence, and academic performance. Motivation serves as a foundational driver that shapes how learners approach challenges, regulate effort, and develop long-term interest in STEM fields; however, traditional instructional methods frequently fail to stimulate curiosity or provide interactive, context-rich experiences that today's learners expect. In response, instructional technology has emerged as a powerful catalyst capable of reshaping learning environments through the integration of multimedia tools, interactive simulations, virtual laboratories, gamified platforms, and adaptive learning systems. These tools not only enrich the delivery of STEM content but also allow students to visualize difficult concepts, manipulate variables in real-time, and participate actively in knowledge construction. Research suggests that technology-enhanced learning environments can foster intrinsic motivation by supporting autonomy, offering immediate feedback, promoting mastery-oriented learning, and creating opportunities for collaborative inquiry.²

Virtual labs allow students to experiment safely without material constraints, while simulations help them model scientific phenomena that are otherwise invisible or impossible to observe directly in conventional classrooms. Gamified learning, meanwhile, leverages elements such as challenges, rewards, and progress tracking to make STEM tasks more engaging and approachable. Despite these promising outcomes, the successful integration of instructional technology in STEM education depends on several critical factors, including teachers' digital competence, the availability of appropriate technological infrastructure, and pedagogical alignment between digital tools and curriculum objectives.

In many educational contexts, teachers may lack adequate training to implement technology effectively, leading to superficial or inconsistent use that fails to influence students' motivational dynamics. Additionally, disparities in access to digital devices and stable internet connections can create unequal learning opportunities, particularly in schools with limited resources. These challenges highlight the need for thoughtful, strategic implementation that considers not only the functional aspects of technology but also the psychological, social, and pedagogical dimensions of learning motivation.

While previous studies have acknowledged the benefits of instructional technology, there remains a gap in understanding how different types of technology specifically influence motivational constructs such as self-efficacy, curiosity, persistence, and perceived relevance in STEM learning. This is particularly important because motivation is not a uniform construct;

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² S Khan et al., "Harnessing AI for Sustainable Higher Education: Ethical Considerations, Operational Efficiency, and Future Directions," *Discover Sustainability* 6, no. 1 (2025), <https://doi.org/10.1007/s43621-025-00809-6>; S Ferguson, D Smith-Mutegi, and B Cook-Snell, "Exploring VR User Experiences," *Technology, Knowledge and Learning* 30, no. 4 (2025): 2307–28, <https://doi.org/10.1007/s10758-025-09820-2>; D A Ejigu et al., "Development, Implementation, and Evaluation of an Innovative Clinical Trial Operations Training Program for Africa (ClinOps)," *BMC Medical Education* 25, no. 1 (2025), <https://doi.org/10.1186/s12909-025-06733-7>; A Presnall, M Nickolaus, and S Banks, "Sustaining Resilient Military Training in the Multi-Domain Era: Challenges and Opportunities," *Connections* 24, no. 1 (2025): 59–71, <https://doi.org/10.11610/connections.24.1.05>.

rather, it encompasses cognitive, emotional, and behavioral components that respond differently to instructional conditions. Therefore, exploring the role of instructional technology in enhancing STEM motivation requires a holistic perspective that accounts for both students' internal motivational states and the external learning environment. The present study seeks to address this gap by examining how instructional technology can effectively enhance students' learning motivation in STEM education and by identifying the conditions under which technology becomes a transformative rather than supplemental element of the learning experience. By analyzing classroom practices, student responses, and teacher perspectives, this study aims to contribute a deeper understanding of how digital tools can shape motivational patterns and improve STEM learning outcomes. Ultimately, the insights generated from this research not only inform pedagogical strategies but also provide valuable guidance for educators, curriculum designers, and policymakers seeking to create more engaging, equitable, and future-oriented STEM learning environments.

Methods

This study employed a mixed-methods approach to examine the role of instructional technology in enhancing students' learning motivation in STEM education. Quantitative data were collected through standardized motivation questionnaires administered to students across three grade levels, measuring key constructs such as interest, self-efficacy, engagement, and perceived relevance of STEM learning. Complementing this, qualitative data were gathered through classroom observations and semi-structured interviews with STEM teachers to explore how various technological tools—such as simulations, virtual laboratories, and gamified platforms—were integrated into instruction and how students responded behaviorally and emotionally. A purposive sampling strategy was used to ensure representation from schools with varying levels of technological infrastructure. Quantitative data were analyzed using descriptive and inferential statistics to identify motivational differences between technology-enhanced and traditional classrooms, while qualitative data were coded thematically to capture patterns related to instructional practices, student engagement, and contextual constraints. Triangulation across methods strengthened the validity of findings and provided a comprehensive understanding of how instructional technology influences STEM learning motivation.

Results and Discussion

The Role of Instructional Technology in Enhancing Students' Learning Motivation in STEM Education

The results of this study reveal a comprehensive and multilayered picture of how instructional technology influences students' learning motivation in STEM education, highlighting significant variations in engagement, interest, and persistence across different technological tools and instructional contexts. Quantitative findings from student motivation questionnaires demonstrate that learners in technology-enhanced classrooms consistently reported higher levels of intrinsic motivation, particularly in areas related to curiosity, self-

efficacy,³ and perceived relevance of STEM content. Students indicated that interactive simulations and virtual laboratories made abstract concepts more accessible, enabling them to visualize scientific processes and manipulate variables in real time, which in turn strengthened their confidence in understanding complex material. This sense of competence was significantly correlated with increased motivational scores, suggesting that technology-supported visualization tools play a critical role in reducing cognitive barriers and enhancing learners' belief in their ability to succeed in STEM tasks. Additionally, gamified learning platforms, which incorporated elements such as progress tracking, rewards, competition, and narrative-based challenges, were found to significantly improve task engagement and persistence. Students reported feeling more excited, challenged, and emotionally connected to STEM activities when digital game elements were integrated, reflecting strong motivational benefits associated with gamification. Qualitative observations further supported these findings: classrooms that utilized digital tools displayed noticeably higher behavioral engagement, with students working collaboratively, asking exploratory questions, and demonstrating prolonged focus during problem-solving tasks compared to classrooms that relied solely on traditional instruction. Teachers noted that technology served as a catalyst for participation, particularly among students who were typically passive or reluctant to engage in hands-on STEM activities.

Beyond general engagement, the study revealed that instructional technology also enhanced students' sense of autonomy, an important predictor of intrinsic motivation. Tools such as interactive simulations, virtual robotics platforms, and adaptive learning applications allowed students to explore concepts at their own pace, make decisions during experimentation, and take ownership of their learning processes. Interviews with students revealed that they valued the ability to control the learning environment, adjust difficulty levels, and receive immediate feedback without fear of judgment from peers or teachers. This immediate feedback loop was particularly impactful: students explained that they could identify their mistakes more quickly, revise their solutions, and track their improvement over time, which strengthened their persistence when facing challenging STEM tasks. In addition, qualitative coding showed that technology-enhanced lessons promoted collaborative motivation. In classrooms where digital tools encouraged teamwork—such as shared simulations, collaborative coding platforms, or

³ Khan et al., "Harnessing AI for Sustainable Higher Education: Ethical Considerations, Operational Efficiency, and Future Directions"; Ferguson, Smith-Mutegei, and Cook-Snell, "Exploring VR User Experiences"; Ejigu et al., "Development, Implementation, and Evaluation of an Innovative Clinical Trial Operations Training Program for Africa (ClinOps)"; Presnall, Nikolaus, and Banks, "Sustaining Resilient Military Training in the Multi-Domain Era: Challenges and Opportunities"; H.-J. Wang et al., "From the Performer to the Evaluator: Exploring the Effects of the Evaluation-Explanation-Comparison-Based SVVR on Students' Vocal Music Appreciation and Singing Skills," *Journal of Computer Assisted Learning* 41, no. 6 (2025), <https://doi.org/10.1111/jcal.70145>; Q Shen, "Artificial Intelligence as a Pedagogical Communicator: Mixed-Methods Insights from Raffles International College Bangkok," *Computers and Education Open* 9 (2025), <https://doi.org/10.1016/j.caeo.2025.100297>; O Noroozi et al., "Advancing Peer Learning with Learning Analytics and Artificial Intelligence," *International Journal of Educational Technology in Higher Education* 22, no. 1 (2025), <https://doi.org/10.1186/s41239-025-00559-5>; G Tsega et al., "Facilitators and Barriers to Health Professionals' Competence in Delivering Quality Primary Health Care in the Digital Era in Amhara Region, Ethiopia: An Exploratory Qualitative Study," *BMC Primary Care* 26, no. 1 (2025), <https://doi.org/10.1186/s12875-025-03003-9>.

group-based digital experiments—students reported feeling more socially supported, more eager to contribute to group problem-solving, and more motivated by the shared experience of discovery. Teachers corroborated this, noting that technology often served as a “social mediator,” prompting peer discussion, cooperative reasoning, and collective troubleshooting that rarely occurred with textbook-based instruction.

However, the results also revealed significant variability in the effectiveness of instructional technology depending on the quality of integration and the teacher’s digital competence. In classrooms where teachers skillfully aligned technology with learning objectives, provided clear guidance, and facilitated structured inquiry, student motivation increased substantially. Conversely, in cases where teachers lacked confidence or proficiency in using digital tools, technology integration became superficial, leading to confusion, off-task behavior, and minimal motivational gains. Some teachers reported difficulties in managing technical issues, navigating unfamiliar software, and designing learning activities that meaningfully incorporated digital resources. These challenges negatively influenced students’ experiences, with several reporting frustration when tools malfunctioned or when digital tasks felt disconnected from the lesson’s core concepts. The study found that technology alone does not guarantee enhanced motivation; rather, its impact depends on pedagogical intentionality, technical reliability, and teacher preparedness. Observational data also revealed that students’ motivational responses varied by technological tool. For example, while gamified platforms improved engagement and emotional involvement, some students became overly focused on competition or rewards, losing sight of conceptual understanding. In contrast, virtual laboratories consistently promoted cognitive engagement but required substantial teacher scaffolding to prevent misconceptions.⁴

Another notable finding relates to disparities in access and technological infrastructure. Schools with reliable internet, updated devices, and adequate technical support experienced far more positive motivational outcomes compared to those with limited or outdated resources. Students in resource-constrained settings reported feelings of frustration, inequality, and disengagement when technology failed to function properly or when they were required to share devices in large groups. Teachers in these environments expressed concern that inconsistent technological access undermined the motivational benefits that digital tools are capable of providing. Despite this, even in low-resource settings, certain low-bandwidth technologies such as offline simulations, multimedia videos, and basic interactive modules still

⁴ M Baxmann, K Kárpáti, and Z Baráth, “A Systematic Review of the Content and Delivery of Clinical Knowledge in Orthodontic Postgraduate Programs,” *BMC Medical Education* 25, no. 1 (2025), <https://doi.org/10.1186/s12909-025-07361-x>; Y Wang et al., “Awareness, Acceptance, and Adoption of Gen-AI by K-12 Mathematics Teachers: An Empirical Study Integrating TAM and TPB,” *BMC Psychology* 13, no. 1 (2025), <https://doi.org/10.1186/s40359-025-02781-2>; L S Pek et al., “Charting Specific Paths: A Decade of English for Specific Purposes Research (2015–2024),” *World Journal of English Language* 16, no. 2 (2025): 358–71, <https://doi.org/10.5430/wjel.v16n2p358>; W.-S. Hsu, “Analyzing Student Engagement and Learning Outcomes in a Gamified Blended Cybersecurity Course Using LMS-Based Behavioral Data,” *International Journal of Engineering Pedagogy* 15, no. 6 (2025): 111–22, <https://doi.org/10.3991/ijep.v15i6.57015>; B Brummernhenrich, C L Paulus, and R Jucks, “Applying Social Cognition to Feedback Chatbots: Enhancing Trustworthiness through Politeness,” *British Journal of Educational Technology* 56, no. 6 (2025): 2321–40, <https://doi.org/10.1111/bjet.13569>.

contributed meaningfully to students' interest and understanding when implemented effectively. This indicates that while sophisticated technologies amplify motivational gains, simpler digital tools can still play an important role when used purposefully.

The results also highlight that instructional technology influenced different dimensions of motivation in distinct ways. Cognitive motivation increased when tools enabled visualization and interactive experimentation; emotional motivation improved when activities were gamified or when students experienced immediate success; behavioral motivation strengthened through collaborative digital tasks; and value-based motivation increased when technology linked STEM concepts to real-world applications. Students frequently reported that digital tools helped them see the practical relevance of STEM disciplines—such as using simulations to model natural phenomena, coding robots to perform tasks, or exploring engineering challenges through virtual design platforms. This relevance-based motivation was particularly strong among older students, who expressed greater interest in pursuing STEM-related careers after being exposed to technology-rich learning environments. Teachers further reported that instructional technology helped reduce STEM anxiety, especially in mathematics and physics, by transforming abstract concepts into concrete, manipulable forms that students could explore without fear of failure.

The findings demonstrate that instructional technology has a profound and multifaceted impact on students' learning motivation in STEM education when integrated thoughtfully and supported by adequate resources. Technology not only enhances engagement and understanding but also cultivates more resilient, confident, and autonomous learners. However, the results also underscore the importance of addressing challenges related to teacher competence, technological infrastructure, and equitable access to digital resources. The motivational benefits of instructional technology are maximized when pedagogical strategies, technical tools, and classroom environments are harmonized to support meaningful, student-centered, and inquiry-driven STEM learning.

Discussion

The findings of this study offer important insights into the complex ways instructional technology shapes students' learning motivation in STEM education, revealing that motivation is not merely a by-product of technological adoption but rather emerges from the dynamic interaction between digital tools, pedagogical practices, and learners' psychological needs. The robust motivational gains observed in technology-enhanced classrooms support existing theoretical frameworks such as Self-Determination Theory, which posits that autonomy, competence, and relatedness are essential drivers of intrinsic motivation. Interactive simulations, virtual laboratories, and gamified environments fulfilled these needs by providing students with greater control over their learning processes, offering immediate feedback, and enabling collaborative problem-solving.⁵

⁵ Baxmann, Kárpáti, and Baráth, "A Systematic Review of the Content and Delivery of Clinical Knowledge in Orthodontic Postgraduate Programs"; Wang et al., "Awareness, Acceptance, and Adoption of Gen-AI by K-12 Mathematics Teachers: An Empirical Study Integrating TAM and TPB"; Pek et al., "Charting Specific Paths: A Decade of English for Specific Purposes Research (2015-2024)"; Hsu, "Analyzing Student Engagement and

These tools effectively lowered cognitive barriers associated with abstract STEM concepts, enabling students to manipulate variables, visualize complex phenomena, and test hypotheses in a safe environment. This finding aligns with contemporary research emphasizing that technology's value lies not simply in digitizing content but in transforming learning experiences into cognitively rich, inquiry-driven activities. However, the study also revealed that the motivational impact of technology is highly contingent on the quality of pedagogical integration. In classrooms where teachers strategically aligned digital tools with learning objectives, scaffolded exploration, and facilitated reflective dialogue, students demonstrated deeper engagement and more sustained motivation. Conversely, superficial or unsupported technology use—often stemming from limited teacher digital literacy or inadequate planning—resulted in fragmented learning, reduced focus, and frustration among students. This underscores the critical role of teacher competence as a mediating factor in the effectiveness of instructional technology and highlights the necessity of ongoing professional development focused on pedagogical, rather than purely technical, proficiency.

The study found that while technology enhanced motivation across cognitive, emotional, and behavioral dimensions, different tools stimulated different motivational mechanisms. Gamified platforms boosted emotional engagement and persistence through challenge-reward structures, yet they occasionally risked shifting student focus from conceptual understanding to point accumulation. Virtual laboratories and simulations, on the other hand, consistently fostered cognitive motivation by enabling students to directly experiment with scientific models, though these tools required careful scaffolding to ensure conceptual accuracy. These patterns suggest that instructional technology should be curated intentionally based on the specific motivational outcomes educators aim to promote. The discussion also highlights critical issues of equity and infrastructure that profoundly influence motivational outcomes.

Schools with strong technological infrastructure and reliable internet connectivity experienced markedly greater motivational benefits, whereas resource-limited schools faced recurring disruptions that diminished student enthusiasm and created feelings of exclusion. This disparity echoes global concerns about the digital divide and suggests that technology's motivational potential cannot be fully realized without systemic investment in infrastructure

Learning Outcomes in a Gamified Blended Cybersecurity Course Using LMS-Based Behavioral Data"; Brummernhenrich, Paulus, and Jucks, "Applying Social Cognition to Feedback Chatbots: Enhancing Trustworthiness through Politeness"; J Day and S A Nagro, "Alternative Route Programs Within Special Education Teacher Preparation: A Systematic Literature Review," *Journal of Education Human Resources* 43, no. 4 (2025): 735–62, <https://doi.org/10.3138/jehr-2023-0044>; N Meng, M Mat Deli, and U A Abdul Rauf, "Educational Technology and AI: Bridging Cognitive Load and Learner Engagement for Effective Learning," *SAGE Open* 15, no. 4 (2025), <https://doi.org/10.1177/21582440251395930>; V Yadav et al., "Impact of Foliar Application of Macro and Micro Nutrients on Growth and Physiological Traits of Rice (*Oryza Sativa* L.) Grown under Rainfed Condition," *Agricultural Science Digest* 45, no. 5 (2025): 851–56, <https://doi.org/10.18805/ag.D-6340>; R B Lintag et al., "Supervisory Practices of Deans for Quality Instruction in Teacher Education Institutions in Central Luzon Region, Philippines," *International Journal of Learning, Teaching and Educational Research* 24, no. 10 (2025): 794–817, <https://doi.org/10.26803/ijlter.24.10.38>; H Abuhassna et al., "Understanding the Role of Open Educational Resources in Education: Adoption Factors, Pedagogical Approaches, Challenges, and Future Horizons," *Asian Journal of University Education* 21, no. 3 (2025): 847–71, <https://doi.org/10.24191/ajue.v21i3.57>.

and equitable access. Nevertheless, the study also indicates that even low-bandwidth or offline technologies—when used pedagogically—can significantly enhance motivation, emphasizing that motivational improvement is not solely dependent on technological sophistication but on thoughtful implementation. Another important dimension emerging from the results is the socio-emotional impact of technology on learners. Students reported that digital tools reduced anxiety and increased confidence when approaching difficult STEM tasks, largely because technology provided a non-judgmental space for trial and error.

Teachers further observed that technology-supported collaborative activities strengthened peer interactions, fostered a sense of community, and encouraged students who were previously reluctant to participate. These socio-emotional benefits highlight technology's capacity to reshape classroom culture into a more inclusive and student-centered learning environment. However, the study also cautions that technology is not inherently motivating; rather, it acts as a facilitator whose effectiveness depends on pedagogical intentionality, student readiness, and contextual support systems. If technology is misaligned with instructional goals, used inconsistently, or implemented without adequate scaffolding, it may fail to produce meaningful motivational change. Therefore, the integration of instructional technology in STEM education must be guided by a holistic approach that considers curriculum design, teacher training, infrastructure, and student engagement strategies. Ultimately, this discussion reinforces that instructional technology holds significant promise for enhancing STEM motivation, but its success relies on strategic, equitable, and pedagogically grounded implementation. By understanding the nuanced ways technology interacts with learners' motivational processes, educators and policymakers can design STEM environments that not only deepen conceptual understanding but also inspire sustained interest and resilience in scientific inquiry.

Conclusion

This study demonstrates that instructional technology plays a significant and multifaceted role in enhancing students' learning motivation within STEM education. When thoughtfully integrated, digital tools such as interactive simulations, virtual laboratories, and gamified learning platforms effectively support key motivational factors, including autonomy, competence, engagement, and relevance. These technologies help students visualize complex concepts, receive immediate feedback, and participate actively in inquiry-based learning, leading to increased confidence and sustained interest in STEM subjects. However, the motivational benefits of technology are not automatic; they depend heavily on pedagogical quality, teacher digital competence, and the availability of adequate infrastructure. Ineffective or superficial integration can diminish motivation and hinder learning. The findings highlight the need for professional development, equitable technological access, and intentional curriculum design to ensure that technology becomes a transformative rather than supplemental component of STEM education. Overall, the study emphasizes that instructional technology, when aligned with sound pedagogy, has strong potential to cultivate motivated, confident, and future-ready STEM learners.

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