



## Parenting Activities in Improving Parenting Patterns

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### ABSTRAK

This research aims to describe: (1) How is the implementation of parenting activities in improving parenting patterns at RA Muslimat NU 02 Sembung, (2) How effective are parenting activities in improving parenting patterns at RA Muslimat NU 02 Sembung. This research uses a qualitative research method with a descriptive approach which is used to describe or depict events or occurrences that occur in the field during the research process. The informants in this research were: the principal, teachers, committee, and parents of RA Muslimat NU 02 Sembung. To obtain the necessary data, researchers used data collection techniques through interviews, observation and documentation. The results of the research, the implementation of parenting activities in improving parenting patterns at RA Muslimat NU 02 Sembung is divided into three stages, namely: 1) Planning the parenting activity program at RA Muslimat NU 02 which includes: socialization of family-based early childhood programs, identification of learning needs, determination place, time, preparation of activity schedule program. 2) Implementation of the parenting activity program at RA Muslimat NU 02 which is carried out by all related parties and carried out at the school, program implementation is adjusted to the predetermined schedule, time and place, materials and media used are adjusted to the activity schedule. The methods used in carrying out activities are discussion, question and answer and lecture. 3) Evaluation using observation, interviews, checklists and discussion methods and carried out two weeks after the activity is completed. The final results obtained from this research are: 1) Implementation of the parenting activity program that had been planned by the school. 2) Parents have knowledge of child development and good parenting patterns for children, children's health and nutrition, children's conditions while at school. 3) Closer relationships between the school and parents, children and the community, RA Muslimat NU 02 Sembung can be increasingly known to the wider community.

## INTRODUCTION

Early childhood education is a coaching effort aimed at children from birth to six years of age which is carried out through providing educational stimuli to help physical and spiritual growth and development so that children are ready to enter further education (Susanto, 2014). Early age is the most important and fundamental initial period in the entire range of growth and development of human life. Early childhood education is one of the appropriate institutions to support children's development. During this period there is an extraordinary transformation in the brain and physique but it is also a fragile period, therefore this period is very important for future intellectual, emotional and social development by paying attention to and respecting the uniqueness of each child.

Various research results conclude that the development obtained at an early age greatly influences a child's development at the next stage. Many parents and teachers understand the importance of the golden age of early childhood development, because at that age children are experiencing enormous development both physically and psychologically. According to Dr. Damanhuri Rosadi in the book *Strategic Management of Early Childhood Education* by Jamal Ma'mur Asmani, complete human development begins when the child is in the womb and enters the golden age. This golden age is marked by the development of the number and function of the child's brain nerve cells (Ma'mur Asmani, 2009).

As stated in the National Education System Law number 20 of 2003 concerning the National Education System, it is explained that PAUD (Early Childhood Education) is a coaching effort aimed at children from birth to the age of six which is carried out through providing educational stimulation to helping physical and spiritual growth and development so that children are ready to enter further education (*Undang-Undang Sistem Pendidikan Nasional (SISDIKNAS No.20 Thn. 2003)*, 2005).

In Early Childhood Education institutions, the essence of playing while learning or learning while playing is very closely related to early childhood, through play children can get to know and interact with their environment, in order to meet development and growth needs and in learning to optimize the function of developmental tasks. and growth, namely the development of moral and religious values, cognitive (intellectual), physical/motor, language, artistic, emotional and social. Efforts to develop the abilities and potential of early childhood require an activity program that can help and support children's development, one of which is the existence of educational institutions that synergize with parents in holding programs to develop children's education and improve parents' parenting patterns towards children.

Ki Hajar Dewantara sees three environmental components that play a role in children's education, which are called the three educational centers, namely:

1. Education can be carried out in a family environment: family members, especially father and mother.
2. Implementation of education after the family is in the school environment: namely by the teacher.
3. Community environment. Because it cannot be denied that children have the urge to become members of society. Here youth leaders or youth organizations are role models (Ulfah, 2015).

Of the three educational environments referred to above, the family is the main place of education for young children. Family is the first and main education. Children are born in the care of parents and raised in the family. Parents, without anyone giving direct orders, carry out their duties as educators, whether as caretakers, as caregivers, as mentors, as coaches or as teachers, and as leaders of their children. Children absorb norms from family members, both father, mother and older siblings. So parents in the family must and are obliged to pay attention to their children and educate them (Uhbiyati, 2013).

Parents in education are responsible as the first and main educators in the family who become examples, models and role models for children. Parents should set a good example for their children in that their attitudes and behavior must reflect noble morals. There are still many parents who don't know about creative parenting, so without realizing it, parents often do things that hinder children's creativity. Therefore, parental involvement in early childhood education institutions is considered very important. In order to realize optimal learning during the golden age, one cannot rely entirely on school institutions alone, but the contribution of parents has a very important role in achieving better growth and development of children.

Currently, there is quite a bit of reality in society that there are parents who still have the mindset that education is entirely the responsibility of the institution alone. Often parents have too high hopes for educational institutions. On the other hand, many parents demand that educational institutions do what they want and are disappointed if the results of education at these institutions do not match their expectations. This erroneous phenomenon must be straightened out immediately so that high responsibility for children's growth and development arises in the family so that the family, especially parents, also play the role of educators at home.

In China's cities, the emphasis on maternal care and nurturing remains the dominant parenting style. However, in contrast to traditional society, women in contemporary Chinese society participate in various types of work. Statistics show that in 2017, the labor force participation rate of women in China was 61% (compared to 76% for men), which is one of the highest in Asia and higher than the European average (Tang, Yang, & Dong, 2023). Providing education by empowering parents (Parenting education) is a solution to improve the quality of education from an early age. Parenting can be defined as the process of caring for children. Parenting is usually used as a term used in educational institutions to establish cooperation between schools and parents. Meanwhile, the parenting program is an educational activity organized by PAUD institutions for parents of young children.

Parenting activities are the implementation of existing programs at school that can be implemented at home by parents. In its implementation, parenting activities cannot be carried out by just one party, to achieve the desired goals of the parenting program it must be implemented and carried out by two parties, namely the school and the home. In this way, the role in educating and caring for children will develop optimally and children will grow into better individuals, with character and not easily influenced by bad behavior or culture from outside.

In this case, RA Muslimat NU 02 Sembung is holding a parenting activity program, namely by establishing collaboration between the school and parents or family and

community. This activity is carried out to harmonize educational parenting activities at school and at home, as well as to provide knowledge about good parenting styles in educating children at home.

The aim of the parenting program at RA Muslimat NU 02 Sembung is to help optimize parental care for children at an early age, so that they can increase knowledge, attitudes and skills in forming good parenting patterns in the family. Not only that, through this parenting program parents are expected to know the process of child growth and development according to their age (*Observasion*, n.d.).

## **METHODS**

This research uses a type of research with a qualitative descriptive approach (Hartik, Novitasari, & Rahman, 2023). The research began by conducting observations and interviews as support for evaluating the implementation of parenting activities in improving parents' parenting patterns. This research was carried out at RA Muslimat NU 02 Sembung. The data validity technique uses triangulation from various sources, in accordance with Meleong's opinion, which explains that triangulation is a data validity checking technique that utilizes other sources. For data analysis, data reduction, data presentation and data verification activities were used (Novitasari, Fitri, & Rohmah, 2022).

## **RESULT**

### **1.1 Implementation of Parenting Activities to Improve Parenting Patterns at RA Muslimat NU 02**

The process of parenting activities at RA Muslimat NU 02 Sembung is carried out based on a planned and directed program. This program involves managers, resource persons, parenting committees and participants (parents). Based on the results of research conducted by researchers through observation and interviews, data was obtained regarding the implementation of this parenting program including:

#### **1.1.1 Planning**

The parenting program at RA Muslimat NU 02 started in 2010 and has been active since 2016, while preparations for implementing the parenting program include several steps. As stated by the administrator of RA Muslimat NU 02 Sembung, Mrs. St. Maimunah, S.Pd as follows:

"Parenting at RA Muslimat NU 02 has been going on since 2010 ma'am, but it has not been active and has not been properly scheduled, it started being active and scheduled from 2016, the steps for implementation are the first, namely planning activities, selecting materials, preparing the place, etc. so on ma'am. And when it comes to planning a parenting program, it's just me and the teachers who plan it. But we also collaborate with various parties such as representatives of the parent committee, village officials, and then from the community health center as well."(Ibu St. Maimunah, n.d.)

The planning carried out in parenting activities at RA Muslimat NU 02 Sembung resembles what is needed in the parenting activity process so that the

objectives of this activity are achieved. The principal of RA Muslimat NU 02 stated that:

"For our planning, we already have a program that just needs to be implemented. Program planning is carried out when the new school year has entered, so we arrange what programs will be carried out according to the needs of our students' parents. Usually we arrange the program at school or at my house. And for events we prepare the place. Administration such as an invitation letter to parents when and where the activity will be carried out and what will be discussed in the activity. If tahlilan is a routine activity of reciting the Koran every week here." (Ibu St. Maimunah, n.d.).

From the answers above, it can be concluded that the parenting program planning carried out at RA Muslimat NU 02 Sembung, parents are not involved in planning the parenting program, they only participate in carrying out parenting activities. namely by implementing whatever activities will be carried out according to the needs of the parenting participants. After determining the program, the school informs it first, then prepares the administration in the form of a notification or invitation letter containing the place, time and materials for the activity. Prepare a place for carrying out activities, resource persons or material fillers for activities and tools or media according to the activity. And for several parenting activity programs that have been determined, the principal of RA Muslimat NU 02 added:

"For the program, we have several parenting programs, namely, tahlilan or khataman (reciting the Koran), then we hold parent meetings together as a kind of socialization. From this socialization, we will later discuss materials related to education for early childhood, such as the importance of early childhood education, children's health and nutrition, counseling about RA, adding or increasing the creativity of parents and parents. "We also hold monthly meetings and recreation at the end of the semester, usually even semesters at the same time as children's farewells." (Ibu St. Maimunah, n.d.)."

From the answer above, it can be concluded that the forms of programs planned or arranged by RA Muslimat NU 02 are, reciting the Koran or tahlilan which is carried out as a weekly routine activity every Friday, counseling or socialization, monthly meetings or parent counseling, and recreation. . From the results of observations made by researchers in the weekly routine activities on Friday, February 26 2023, it shows that the enthusiasm of the parents in participating in this tahlilan activity was very good, this can be seen from the large number of parents who were present when the activity was carried out. (*Hasil Observasi*, n.d.).

### **1.1.2 Implementation of parenting activities**

Implementation of activities is carried out after the planning process is ready and then moves to the implementation stage in accordance with the parenting activity program. Parenting activities are carried out at RA Muslimat

NU 02 Sembung itself. The method generally used in the process of parenting activities is the lecture and question and answer method. This was also conveyed by Mrs. St. Maimunah, S.Pd as the principal, here is his statement:

"We carry out this parenting activity at RA, ma'am, and the method used is more of a lecture method. Previously, at the planning stage, we had adjusted the material that would be delivered to the mothers participating in this parenting, not just the material, ma'am, but there were also activities carried out in this parenting. The material presented is about how to care for children, fulfilling their nutritional needs, correct parenting patterns in the family and sometimes we also provide skills, such as cooking together, practicing making snack cakes and so on. "And as a routine, we recite the Koran together every week, apart from increasing friendship, we also pray for blessings for the entire extended family of RA Muslimat NU 02. Apart from that, there are regular meetings or parent counseling and recreation activities." (Mrs St. Maimunah, n.d.)."

The delivery of parenting activity material was adjusted to the theme of the activity that the parenting participants needed, the school principal stated that:

"Those who deliver material in carrying out school activities, teachers convey about child development, school principals socialize the importance of early childhood education and community health center officers usually convey about children's health and nutrition. "For our skills, we only call resource persons around the village environment (Mrs St. Maimunah, n.d.)."

The committee representative also stated that:

"From the school, teachers or principals, community health center officers, and external sources to increase our collective creativity or skills (Wawancara Dengan Bapak Chasanun, Sekertaris Komite RA Muslimat NU 02. 17 November 2023. Pukul: 10.00 WIB, n.d.)."

From the answers above, it can be concluded that those who deliver the material in the implementation of the parenting program are the school, and community health center officers and resource persons who are in the environment around the school in accordance with the theme of the activity.

The media used in organizing parenting activity programs is adapted to existing activities. The media that can be used in implementing parenting activities in the guidebook for implementing family-based early childhood education include: Information sheets (leaflets, brochures, posters), flipcharts (flip sheets), Audio-visual (VCD, radio, television, projector, films), clipping (a collection of news from various print media), booklets, comics and other companion reading books, other media that support (*Pedoman Penyelenggaraan Pendidikan Anak Usia Dini Berbasis Keluarga*, 2012).

### 1.1.3 Evaluation

In parenting activities at RA Muslimat NU 02 there are evaluation activities. At each stage an evaluation is carried out which aims to avoid deviations and

errors in the implementation of future programs. The evaluation stage of parenting learning is usually carried out 2 weeks later after parents have applied the material presented. As stated by Mrs. St. Maimunah, S.Pd as principal of RA Muslimat NU 02 as follows:

“Evaluation is carried out after the activity is completed. We usually carry out the activity evaluation process 2 weeks after the activity takes place after parents apply the material presented. As well as the follow-up to this activity, namely maximizing the needs of parents by delivering material that is broad enough to be delivered in accompanying parents. (*Interview with Mrs. St. Maimunah, S.Pd, Principal of RA Muslimat NU 02. 17 November 2023. Time 08.00 WIB, n.d.*)”

The evaluation was carried out to assess the extent to which parenting participants were able to follow and practice it in their respective families. The evaluation was also carried out to find out to what extent the objectives of this parenting activity could be achieved.

Several supporting factors in parenting activities at RA Muslimat NU 02 Sembung are: support from various parties, parents who want to progress and are enthusiastic in every activity, reliable sources that broaden the knowledge of parenting participants, as well as adequate infrastructure, while the inhibiting factors in Parenting activities at RA Muslimat NU 02 Sembung include: the delivery of material is carried out repeatedly, the educational background of parents is still low so that it affects the level of understanding of parents regarding the material presented, there are parents who are still difficult to collaborate with, as well as busy work. parents have.

## **1.2 Effectiveness of Parenting Activities in Improving Parenting Patterns at RA Muslimat NU 02 Sembung Parengan Tuban**

To determine the effectiveness of parenting activities in improving parenting patterns at RA Muslimat NU 02 Sembung, it is necessary to assess the benefits of these parenting activities themselves, as well as any changes to parenting patterns in the family environment. The following is a statement from the principal of RA Muslimat NU 02 Sembung, Mrs. St. Maimunah, S.Pd namely:

"As the principal of the school, I create parenting activities with my friends with the aim of improving how to properly educate children in a family environment, ma'am, because parents generally don't know and are at their own pace in educating their children, sometimes they don't want to know what their children want, they let their children go too far. behave arbitrarily, so I created this activity so that parents can benefit and know what parenting is like and the importance of good parenting patterns for young children, and the teacher and I also evaluate whether there is improvement for parents in terms of educating and providing nutrition to children. . And the most important thing is not to forget to build friendship through various existing activities, complement each other, look after each other in unity with one goal (Interview with Mrs. St. Maimunah, S.Pd, Principal of RA Muslimat NU School 02. 17 November 2023. Time: 08.00 WIB, n.d.)”

The principal's statement was also supported by Mrs. Istikomah, S.Pd as follows: "After all the activities have been completed and we have evaluated them, it can be seen that the results of the objectives of the parenting activities have generally been achieved, because many participants took part in the activities and practiced what was conveyed in the activity material, and it can be seen from the development of children at school, who were initially shy to become enthusiastic and starting to actively show himself and his talents. It can also be seen from the behavior of parents who were initially reluctant to take part in activities. With this program, they have become enthusiastic and more attentive to their children's development at school (*Interview with Mrs. Istikomah, S.Pd, Teacher RA Muslimat NU 02. 20 November 2023. At: 10.00 WIB, n.d.*)”

From the results of interviews conducted regarding the effectiveness of parenting activities in parenting patterns at RA Muslimat NU 02 Sembung, it shows that the objectives of this activity have been achieved. This is shown from the results of observations before and after holding parenting activities, which the researchers concluded as follows:

- 1) Previously, many parents did not understand good parenting styles for children. Become aware and understand how good parenting is for children both at home and at school.
- 2) Previously, parents only cared about their own opinions without knowing what the child needed. Prioritize the needs of children's growth and development, and parents always consider everything related to children's problems based on good and correct parenting patterns.
- 3) Previously, the student's guardian was authoritarian or harsh towards the child, who thought that his harsh attitude could make the child a good person. Be more careful in caring for children, because from these parenting activities the parents know that the results of what they are doing have a negative impact on the child's development, so the parents change parenting patterns that are better suited to the child's needs.
- 4) Previously there was a gap between student guardians and teachers, student guardians and student guardians due to lack of communication. Become closer and friendlier with this parenting activity (*Observation Results, n.d.*).

The researcher can draw the conclusion that the results obtained from the implementation of the parenting program are the establishment of a relationship between parents and the school, parents and teachers know the child's condition both at home and at school, parents have knowledge about early childhood education, the child becomes The more attention you pay, the more active your child will be in participating in lessons.

Meanwhile, in carrying out an activity there are often several supporting and inhibiting factors for the smooth or successful achievement of the activity's objectives. The following is data that researchers obtained from observations and interviews at RA Muslimat NU 02 Sembung regarding several supporting and inhibiting factors for parenting activities in improving parenting patterns at RA Muslimat NU 02 Sembung.

- 1) Supporting factors

The effectiveness of parenting activities in improving parenting patterns at RA Muslimat NU 02 Sembung can be carried out well because of the support from parents, foundations and various other parties who collaborate with the school, parents and teachers who want to progress together, as well as adequate infrastructure. adequate.

## 2) Inhibiting Factors

There are still some parents who are difficult to collaborate with, various parties are busy, the atmosphere for activities is less conducive due to children being difficult to manage, as well as personal obstacles such as the absence of vehicles and weather conditions (*Observation, RA Muslimat NU 02, Tanggal 16 November 2023, 08.00, n.d.*).

As previously mentioned by the principal of RA Muslimat NU 02, the implementation of parenting activities at RA Muslimat NU 02 Sembung started in 2010 but this has not gone very well, and has started to run and develop since 2016. In this case there is a schedule for implementing parenting activities which takes place every year at RA Muslimat NU 02 Sembung.

## DISCUSSION

### 1.1 Implementation of Parenting Activities to Improve Parenting Patterns at RA Muslimat NU 02 Sembung Parengan Tuban

In this section the researcher will provide an analysis of the data presented in the previous chapters. Based on the results of observations and interviews conducted by researchers, including the implementation of parenting activities in improving parenting patterns at RA Muslimat NU 02 through three stages, namely, as follows:

#### 1.1.1 Perencanaan Planning the parenting activity program at RA Muslimat NU 02 Sembung

Planning for the parenting activity program at RA Muslimat NU 02 Sembung is carried out by the school, namely the principal and teachers, which is then considered by several parties. The principal of RA Muslimat NU 02 Sembung said that program planning was carried out by preparing several programs that would be implemented at the beginning of the new school year, the preparation of the program was carried out at the school or at the principal's house, after the program was in place and had been approved by several related parties, the school informed activities through invitation letters, contact books or WA notifications, providing places, sources, tools or media used in accordance with the activities to be carried out.

Based on existing theories and guided by the implementation of family-based early childhood education or what is usually called parenting, it is regulated by the Directorate General of Islamic Education, Ministry of Religion of the Republic of Indonesia in 2019. Program planning or preparation includes: a) Socialization of family-based PAUD programs. b) Formation of management. c) Equalization of perception. d) Identify learning needs. e) Determination of

place and time. f) Preparation of programs and activity schedules (*Direktorat KSKK Madrasah Jenderal Pendidikan Islam Kementrian Agama Republik Indonesia, Pemberdayaan Orang Tua Di Raudlatul Athfal*, 2019).

Based on existing theory, planning parenting activities includes the six aspects that need to be carried out above. Researchers found that of the six parenting program planning guidelines, RA Muslimat NU 02 Sembung implemented four of them, namely: a) Socialization of Family-Based PAUD Programs, b) Identification of Learning Needs, c) Determination of Place and Time, d) Preparation of Programs and Activity Schedules, while for The formation of management and equalization of perceptions is carried out by fellow school administrators, namely school principals and teachers only. In terms of shared perception, schools should also involve parents.

The choice of the form of family-based early childhood education or parenting program is entirely up to the agreement of the management and the institution's readiness to facilitate it. The form of parenting program activities can be developed according to existing needs. Guided by the implementation of family-based early childhood education regulated by the Directorate General of Islamic Education, Ministry of Religion of the Republic of Indonesia in 2019:

- 1) Parent Meeting Activities (Parent Class).
- 2) Parental involvement in the child's group or class.
- 3) Parental involvement in joint events.
- 4) Parent consultation day.
- 5) Home visit.
- 6) Other activities that are in accordance with social needs or potential that are inherent in society (*Direktorat KSKK Madrasah Jenderal Pendidikan Islam Kementrian Agama Republik Indonesia, Pemberdayaan Orang Tua Di Raudlatul Athfal*, 2019).

Based on the research that has been carried out, the forms of parenting programs that are planned or arranged at RA Muslimat NU 02 Sembung are, namely, reciting the Koran or tahlilan, counseling or socialization, monthly meetings, parent counseling, and recreation. Of the many existing parenting programs, RA Muslimat NU 02 only carries out five activity programs. The head of RA Muslimat NU 02 Sembung stated that the existing program guidelines are only a reference/example, the school is free to carry out parenting activities in the form of whatever activities it feels capable of doing, but RA Muslimat NU 02 is still gradually trying to carry out other parenting programs. in accordance with existing guidelines.

The objectives of planning the parenting activity program at RA Muslimat NU 02 Sembung, based on observations that have been made, are:

- 1) Establishing friendship between teachers and parents and between parents and parents.

- 2) Providing knowledge related to early childhood education to parents, such as parents' attitudes and skills in health, care and child protection.
- 3) Increase awareness of parents as the main educators of children.
- 4) Make the RA Muslimat NU 02 institution increasingly known to various parties.

Based on all aspects carried out in the preparation or planning of the parenting program at RA Muslimat NU 02 Sembung, regarding the program planning objectives, the researcher concluded that it could be assessed as very good. Meanwhile, the program planning is good because it meets four of the six existing criteria.

### **1.1.2 Implementation of the Parenting Activity Program at RA Muslimat NU 02 Sembung**

There are no guidelines or theories that state that the implementation of parenting activity programs has fixed guidelines. In its implementation, parenting activities are carried out in accordance with predetermined plans. The Head of RA Muslimat NU 02 stated that each parenting activity program carried out has a different method, but has the same basis, namely that it is carried out in accordance with planning such as time and date, place of activity, material to be delivered, methods and media used, so also with the implementation of parenting activities at RA Muslimat NU 02 Sembung.

The implementation of the parenting program at RA Muslimat NU 02 Sembung is carried out by all parties involved in the institution. The parties involved are the school principal and teachers, committee, parents and instructors or resource persons. The implementation of the program is adjusted to a predetermined schedule, carried out once a month with an adjusted date and carried out in the school's multi-purpose building. Time for activities such as children entering and leaving school. The resource persons who deliver material in implementing the parenting program are the school, community health center officers and external resource persons. The time and date, place of activity, material to be delivered, methods and media used are adjusted to the schedule of activities to be carried out.

Based on its implementation in the parenting activity program, RA Muslimat NU 02 Sembung can be said to be good, because it carries out each activity program in accordance with previous planning. Guided by the methods that should exist in implementing parenting as mentioned in the guidebook for implementing family-based early childhood education, there are several methods as follows: Lectures, group discussions, role playing/simulations, field visits, practice (*Pedoman Penyelenggaraan Pendidikan Anak Usia Dini Berbasis Keluarga*, 2012).

There are several parenting programs that parents need in caring for and educating children, in accordance with the guidelines for implementing family-based early childhood education, there are five types, including the following:

- 1) The parent class is expected to increase awareness, knowledge, attitudes and skills of parents in implementing early childhood education in their own family environment and to share information and strategies in caring for children.
- 2) Activities involving parents/family in the form of: (1) playing with children in class; (2) assisting educators in the learning process in the classroom; and (3) as a form of learning for parents about their children's learning process.
- 3) Parent involvement in joint events is an activity that involves parents in implementing learning support activities carried out outside the classroom. Types of activities such as recreation, playing in nature, holiday celebrations or educational visits, gardening, cooking together, bazaars, outbound activities and other activities are outside the classroom/school environment.
- 4) Parent consultation days are certain days scheduled by Family-Based PAUD administrators and institutional managers as meeting days between parents and administrators or experts to discuss children's growth and development as well as other problems faced by children. Consultations can be carried out individually or jointly.
- 5) Home visits are activities carried out by administrators or program managers which can involve companions or resource persons, in order to strengthen relationships, visit, or help resolve certain problems carried out in a family manner. (*Pedoman Penyelenggaraan Pendidikan Anak Usia Dini Berbasis Keluarga*, 2012).

The method used in implementing the parenting activity program at RA Muslimat NU 02 Sembung in observations and interviews with the school principal stated that: 1) Parent class using lectures and discussions (question and answer). 2) Activities that involve parents such as participating in children's learning according to the theme. 3) Recreation (Entertainment). 4) Consultation. 5) Recite the Koran together so that there is a good relationship between parents and teachers.

In this case, in accordance with existing guidelines which explain parenting programs and methods, RA Muslimat NU 02 Sembung has carried out several programs well. Meanwhile, how to convey material in the implementation of parenting is also done using various existing methods, although not all methods are used in implementing these activities. For this reason, RA Muslimat NU 02 Sembung in implementing parenting activities, the existing delivery methods must be more varied. Because there are many ways or methods used when delivering the material, the aim is that parenting participants or parents do not feel bored and bored.

The media used in organizing parenting activity programs is adapted to existing activities. The media that can be used in implementing parenting activities include: a) Information sheets (leaflets, brochures, posters). b)

Flipchart (flip sheet). c) Audio-visual (VCD, radio, television, projector, film). d) Clipping (collection of news from various print media). e) Booklets. f) Comics and other companion reading books. And g) Other media that supports these activities.

The media or tools used in implementing parenting activities at RA Muslimat NU 02 Sembung are: a) Books about Early Childhood Education as a guide for delivering the material. b) VCD, television, laptop. c) Leaflets or modules containing activity material. Based on the media or tools used at RA Muslimat NU 02 in implementing parenting activities, it is quite good.

Based on theories regarding parenting techniques, namely written, verbal and demonstration techniques. The principal of RA Muslimat NU 02 said that the parenting techniques used in implementing the parenting program at RA Muslimat NU 02 Sembung were quite good, namely using written, verbal and demonstration techniques. Researchers made observations and looked at several of these techniques, written techniques, namely using contact books and minute books, oral techniques, namely communication between parents directly or via cellphone or WA, while demonstration techniques can be proven by implementing parenting activity programs.

The benefits obtained from implementing a parenting program should be felt by all parties, be it organizers or schools, parents and the children themselves. From the implementation of the parenting program at RA Muslimat NU 02, all three have benefits. The benefit obtained from implementing a parenting program is the establishment of ties of friendship between various parties. Parents and teachers know the child's condition both at home and at school. Parents have knowledge about early childhood education. Children get more attention. So the benefits of parenting activities are very good because they are beneficial for all parties.

The supporting factor in implementing the parenting program at RA Muslimat NU 02 is the support from all parties, namely the school, parents, foundations and the local village community. Parents and teachers want to move forward together. Meanwhile, the factors inhibiting the evaluation of the parenting program at RA Muslimat NU 02 are that there are still parents who are difficult to collaborate with, the distance to school and vehicles, the weather and different busy schedules.

### **1.1.3 Evaluation of the Parenting Activity Program at RA Muslimat NU 02 Sembung**

Evaluation of the parenting activity program is in accordance with the guidelines for organizing parenting activities, namely: Carried out by the activity program administrator together with the RA institution manager and companion. And, the evaluation can be carried out regularly at least per semester (*Pedoman Penyelenggaraan Pendidikan Anak Usia Dini Berbasis Keluarga*, 2012).

Evaluation of the implementation of the parenting program at RA Muslimat NU 02 was carried out by the school. Principal of RA Muslimat NU 02 Sembung, Mrs. St. Maimunah, S.Pd said that the evaluation was carried out two weeks after the material was given and then discussed what had been achieved and what needed to be improved and looked for solutions. Several methods are used to carry out evaluations at RA Muslimat NU 02, namely through observation, interviews, checklists and discussions, with the aim of finding out how the parenting activity program is running.

The evaluation of each activity is good, in accordance with the theory contained in the guidelines for organizing parenting activities, including focus group discussions, interviews, questionnaires, questionnaires and checklists, the method used in conducting evaluations at RA Muslimat NU 02 is good. .

Meanwhile, the supporting factors in implementing the parenting program evaluation at RA Muslimat NU 02 are support from the school and parents, parents and teachers are willing to progress together, trusted sources and adequate infrastructure. The obstacle is that there are still some parents who are difficult to collaborate with because of their busy schedules.

### **1.2 Effectiveness of Parenting Activities in Improving Parenting Patterns at RA Muslimat NU 02 Sembung Parengan Tuban**

Parenting can be defined as the process of caring for children. In Indonesian, the word parenting contains the meaning of a method or way for parents to meet physiological and psychological needs, educate and teach children to have knowledge and skills and instill norms, spiritual values and how to interact or socialize with the environment (Surbakti, 2012).

If you want success in the process of early childhood education and care, it is necessary to involve parents at school. Morison put forward three possibilities for parental involvement, namely:

- 1) Task orientation, namely the expectation of parental involvement in helping with school programs, relating to administrative staff, monitoring, helping to collect funds, helping to supervise children when children go on external visits.
- 2) Process orientation, namely parents are encouraged to participate in activities related to the educational process, including curriculum planning and selecting books needed by the school.
- 3) Development orientation, namely helping parents to develop skills that are useful for themselves, their children, schools, teachers, families and at the same time increasing parental involvement (Patmonodewo, 2003).

Based on the description of the data that has been presented, and several observations by researchers at RA Muslimat NU 02 Sembung, the effectiveness of parenting activities in improving parents' parenting patterns towards children at RA Muslimat NU 02 Sembung can be said to be good. Because in terms of parental involvement with the school, it has been implemented, judging from various activities

and interviews, parenting activities are said to really help parents' awareness in improving children's parenting patterns.

Parenting activities at RA Muslimat NU 02 Sembung, several planned parenting programs have been implemented well, one of which is that every Friday there is a routine tahlilan/reciting the Koran together, this creates a good relationship between the school and parents, every time there is an opportunity there are several parents who are always active in asking and consulting with the principal and teachers about their child's development at school or at home.

Meanwhile, from research at RA Muslimat NU 02 Sembung, the school principal stated that various activities that help in implementing parenting activity programs in improving parents' parenting patterns towards children consist of three stages of implementation, namely as follows: a) Planning. b) Implementation and, c). Evaluation. The research results obtained are as follows:

- 1) Implementation of parenting programs, from several planned programs, namely: tahlilan or reciting the Koran together, parent consultations, recreational activities and counseling.
- 2) Parents have knowledge about how to raise and handle or care for children better.
- 3) Parents have knowledge of children's development, children's health and nutrition, children's conditions while at school.
- 4) Parents have knowledge about good attitudes and behavior in raising and caring for children.
- 5) Close relationships between the school and the community, namely parents, children and other parties.
- 6) RA Muslimat NU 02 Sembung is better known to the wider community.

As previously mentioned, in implementing any activity there are definitely factors of support and obstacles. Some things that support parenting activities at RA Muslimat NU 02 are support from all parties including parents, teachers, school principals, foundations and the surrounding community, there is also support from sources who can convey the material well. Meanwhile, obstacles that occur in the process of parenting activities at RA Muslimat NU 02 occur because there are parents who are difficult to collaborate with because of their busy schedules and a less conducive atmosphere because their children are difficult to manage. Therefore, parents need to know and follow up on every existing activity, and the treatment given by teaching staff in stimulating the intelligence of early childhood must be further improved.

Below is a table of parenting activity schedules at RA Muslimat NU 02 Sembung Parengan Tuban, namely:

**Table 1.** Schedule of Parenting Activities for RA Muslimat NU 02 Sembung

No	Month/Week	Time	Activity / Material	Speaker
1	Month I Week 2	08.00 - Finish	Socialization on the importance of early childhood education	St. Maimunah, S.Pd
2	Month II Week 2	08.00 - Finish	Introduction to the growth and development of early childhood	Narti, S.St

3	Month III Week 3	08.00 - Finish	Introduction to parenting patterns of early childhood	St. Maimunah, S.Pd
4	Month IV Week 4	08.00 - Finish	Training on making cakes from tuber ingredients	Lumatul Khoiroh
5	Month V Week 2	08.00 - Finish	The role of nutrition and physical health in children	Narti, S.St
6	Month IV Week 4	08.00 - Finish	Empowering household waste materials for early childhood	Mukaromah, S.Pd
7	Month VII Week 4	08.00 - Finish	Transformation of songs to enhance optimal child growth and development	Istikomah, S.Pd
8	Month VIII Week 4	08.00 - Finish	Early prevention of bullying	Siti Fatimah, S.Pd
9	Month IX Week 4	08.00 - Finish	The importance of stimulation in improving children's social skills	St. Maimunah, S.Pd
10	Month X Week 4	08.00 - Finish	Finish Children and their problems within the family	Siti Fatimah, S.Pd
11	Month XI Week 4	08.00 - Finish	Finish Marketing training to enhance market value in the era of globalization	Ismiyah, S.Pd

NB:

- Routine activities are conducted once a week, such as tahlilan/quran recitation.
- Child counseling activities are held every 2 weeks.
- Activities such as recreation and outings are tailored to the learning theme and are carried out at the end of the semester.

**Sumber:** (*Observasion, RA Muslimat NU 02, 16 November 2023, 08.00, n.d.*)

## CONCLUSION

1. There are three stages in the implementation of parenting activities, namely: First, the planning of the RA Muslimat NU 02 parenting program involves four steps: socialization of family-based early childhood education programs, identification of learning needs, determination of time and place, and the arrangement of the program's activity schedule. Second, the implementation stage of the parenting program at RA Muslimat NU 02 is carried out by all relevant parties. The program is conducted according to the established schedule at the school. The time and place, materials, and media used are adjusted to the activity schedule. The methods used in the implementation of activities are discussion, question and answer sessions, and lectures. Third, the evaluation stage uses observation, interviews, checklists, and discussions. Evaluation is conducted two weeks after the activity is completed, noting areas for improvement and seeking solutions.
2. The effectiveness of parenting activities in improving parenting styles at RA Muslimat NU 02 begins with planning, implementation, and evaluation, resulting in the following

outcomes: First, the following programs have been implemented: joint Quran recitation or study sessions, parental consultations, monthly meetings, recreational activities, and counseling. Second, parents have knowledge about how to better nurture their children. Third, parents have knowledge about the development, health, and nutrition of their children, as well as their children's conditions during school. Fourth, parents have knowledge about positive attitudes and behaviors in nurturing children. Fifth, there is a strong relationship among various stakeholders. Sixth, RA Muslimat NU 02 Sembung is more widely recognized by the community.

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